



## Resources for School Personnel: Organizations

*The following organizations provide information and materials on eating disorders. The materials cover a range of topics, including body image, healthy eating, and eating disorders prevention, detection, and treatment.*

### **The National Women's Health Information Center (NWHIC)**

Telephone: (800) 994-WOMAN  
Web site: [www.4woman.gov](http://www.4woman.gov)

NWHIC is a project of the U.S. Public Health Service's Office on Women's Health, Department of Health and Human Services. Its Web site provides information on women's health issues and is designed for consumers, health care professionals, researchers, educators, and students. Information on eating disorders can be obtained by clicking Office on Women's Health, OWH Programs and Activities, Girl/Adolescent Health, Eating Disorders Module.

### **Girl Power!**

Telephone: (800) 729-6686  
Web site: [www.health.org/gpower](http://www.health.org/gpower)

Girl Power!, a national public education campaign sponsored by the Department of Health and Human Services, encourages and empowers young girls 9 to 14 to make the most of their lives. Girls ages 8 and 9 typically have very strong attitudes about their health. Girl Power! seeks to reinforce and sustain these positive values as they grow older by targeting health messages to their unique needs, interests, and challenges.

### **American Anorexia/Bulimia Association (AABA)**

165 West 46th Street, Suite 1108  
New York, New York 10036  
Telephone: (212) 575-6200  
Web site: [www.aabainc.org](http://www.aabainc.org)

AABA is a national nonprofit organization composed of concerned members of the public and the healthcare

industry dedicated to the prevention and treatment of eating disorders. Through education, advocacy, and research, AABA serves as a national authority on eating disorders. AABA promotes social attitudes that support a healthy body image and works to overcome the idealization of thinness. AABA provides many services, including help lines, referral networks, public information, school outreach, a quarterly newsletter, media support, professional training, support groups, and prevention programs.

### **National Association of Anorexia Nervosa and Associated Disorders (ANAD)**

P.O. Box 7  
Highland Park, Illinois 60035  
Telephone Hotline: 847-831-3438  
Web site: <http://members.aol.com/anad20>

ANAD is a nonprofit organization that helps eating disorders victims and their families. In addition to its free hotline counseling, ANAD also operates an international network of free support groups. Through this network, it offers eating disorder victims and their families referrals to health care professionals across the United States and in 15 other countries. ANAD conducts a wide range of activities, including publishing a national quarterly newsletter, providing customized information packets, organizing conferences and local programs, sponsoring internships, and working with health professionals and the media worldwide to educate the general public. ANAD also promotes and develops research projects, fights insurance discrimination and dangerous advertising, organizes advocacy campaigns to protect potential victims of eating disorders, and sponsors Eating Disorders Awareness Week.



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**Eating Disorders Awareness and Prevention, Inc. (EDAP)**

603 Stewart Street, Suite 803  
Seattle, Washington 98101  
Telephone: (206) 382-3587  
Information and Referral Line: (800) 931-2237  
Web site: <http://members.aol.com/edapinc>

EDAP is a national nonprofit organization dedicated, through community education and activism, to increasing awareness of and preventing eating disorders. EDAP provides educational resources to schools, health professionals, community organizations, and individuals. It sponsors several educational programs and activities, including the Eating Disorders Awareness Week (in February), a Puppet Project for Schools, and the Go Girls media advocacy program. EDAP's Eating Disorders Information and Referral Telephone Line offers free information on eating disorders, treatment resources, and local and national support services.

**Harvard Eating Disorders Center (HEDC)**

356 Boylston Street  
Boston, Massachusetts 02116  
Telephone: 617-236-7766  
Web site: [www.hedc.org](http://www.hedc.org)

HEDC is a national nonprofit organization (affiliated with the Harvard Medical School) dedicated to research, education, and prevention. HEDC develops educational curricula and offers professional education for school personnel, including the annual National Conference for School-Based Eating Disorders Prevention. It also offers public education forums on topics such as culture and the media. The center is committed to professional development and continuing education for health professionals. To encourage promising young scientific and clinical investigators, it awards fellowships and grants to support interdisciplinary research in the eating disorders field. Externally, HEDC conducts media outreach and monitors legislation to promote research and insure adequate health care for persons with eating disorders.

**Massachusetts Eating Disorder Association, Inc. (MEDA)**

92 Pearl Street, Newton, Massachusetts 02458  
Telephone: (617) 558-1881  
Web site: [www.medainc.org](http://www.medainc.org)

MEDA is a nonprofit organization dedicated to alleviating the problems of anorexia, bulimia, and binge eating disorder. MEDA's mission is to use educational awareness and early detection methods to prevent the continued spread of eating disorders, and to serve as a support network and resource to individuals recovering from eating disorders.

**National Eating Disorders Organization (NEDO)**

6655 South Yale Avenue  
Tulsa, Oklahoma 74136  
Telephone: (918) 481-4044  
Web site: [www.laureate.com/nedo/nedointro.asp](http://www.laureate.com/nedo/nedointro.asp)

NEDO is a nonprofit organization that provides education, prevention, and treatment resources on eating disorders for individuals, families, students, health care professionals, and the media worldwide.

**Pennsylvania Educational Network for Eating Disorders (PENED)**

7805 McKnight Road  
Pittsburgh, Pennsylvania 15237  
Telephone: (412) 366-9966  
E-mail: [PENED1@aol.com](mailto:PENED1@aol.com)

PENED is a nonprofit organization providing educational, supportive and referral services to the general public and professionals regarding the causes, treatment, and prevention of eating disorders. PENED publishes a quarterly newsletter, conducts outreach and educational programs for schools, provides professional training, organizes support groups, and conducts prevention programs and media interviews.

**Center for Media Literacy**

Telephone: 800-226-9494  
Web site: [www.medialit.org](http://www.medialit.org)

The Center for Media Literacy is dedicated to a new vision of literacy for the 21st century: the ability to communicate competently in all media forms—print and electronic—as well as to access, understand, analyze, and evaluate the powerful images, words, and sounds that make up our contemporary mass media culture. Its Web site includes a comprehensive listing of books, videos, and teaching materials for K-12 classrooms.

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